

# Download Yen Path Taking Steps Towards What You Want In Life

## **Yen Path: Taking Steps Towards What You Want in Life ...**

In Yen Path: Taking Steps Towards What You Want in Life, Jenny approaches her life changing concepts as she would approach a yoga class. By combining the best past, present, and future motivational concepts, Jenny will help you learn to: - Create a deeper understanding of what you want - Manage stress - Have a life/work balance - Relax and find joy

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• Create a deeper understanding of what you want YEN PATH World renowned wellness coach and yoga instructor Jenny Gallagher has developed a revolutionary new approach to getting motivated and achieving dreams. In Yen Path: Taking Steps Towards What You Want in Life, Jenny approaches her life changing concepts as she would approach a yoga class.

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## **Yen Path by Jenny Gallagher · OverDrive (Rakuten OverDrive ...**

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## **Ebook Yen Path Taking Steps Towards What You Want In Life**

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## **Yen Path: Awakening Your Heart's Desire**

A year is a long time and a lot can happen if you want it to. If you are just starting (or restarting) then use the past postings to help you along. Just like my new book coming out on June 1, 2011 titled *Yen Path: Taking Steps Towards What You Want in Life* (Price World Publishing) you can do everything in order or pick and choose.

### **Jenny Gallagher (Author of Yen Path)**

Jenny Gallagher is the author of *Yen Path* (3.32 avg rating, 37 ratings, 5 reviews, published 2011), *Four Steps to a Better Life* (3.00 avg rating, 1 rating...

### **Our Most Challenging Choice: 6 Steps to Ensure You Don't ...**

You have to trust in something: your gut, destiny, life, karma, whatever. Because believing that the dots will connect down the road will give you the confidence to follow your heart, even when it leads you off the well worn path.” But the dots can't connect unless you begin walking the path. It's the walking that makes it all possible.

### **Goal Setting: 7 Steps to Set Your Life Goals**

After brainstorming for at least 5 minutes you now get your results in order. From all that you have written down in the area and time-frame, select the life goals that are most compelling to you. Give them numbers from 1-10 where 10 is the most motivating, that means if you reach it you really made progress towards what you really want in life. 4.